

AWESOME
LADIES
STORYTELLING
MINI-WORKSHOP

RIGHT-NOW

AWESOME LADIES

FEMINIST · SCRAPBOOK · COMMUNITY

Dear Awesome Lady,

Welcome to our monthly storytelling mini-workshop. We are so glad that you're here embarking on your Awesome Ladies journey with us. This challenge is about committing to a creative self-documentation project that makes you feel like an awesome lady. This month's storytelling theme is **right now**.

Here in the Awesome Ladies VIP community, we enhance our Awesome Ladies Challenge with monthly self-storytelling themes and mini-workshops. In these exclusive mini-workshops, we break down each month's storytelling theme into three sections: **1) learn, 2) practice, and 3) explore**.

Don't worry if you get stuck along the way. Everyone has their own path to take! What looks like a hurdle at first can turn out to be exactly the creative inspiration we need to tell our stories.

We can't wait to see what you create, documenting the stories of your *right now* Awesome Lady life.

Sincerely,

rukristin & the Awesome Ladies

SECTION ONE: LEARN

*In the learn section of our mini-workshop, we exercise our head muscles, by informing and educating ourselves on the monthly topic: **right now**.*

WHAT IS RIGHT NOW FOR YOU?



Right now is different for each of us. For some of us, the right-now stories that we want to document come directly from today, for others, looking at it from a monthly, yearly, or other interval may work better. Don't waste time comparing your right now with anyone else. ***You are the author of your own adventure.***

THE RIGHT NOW MIND MAP

Monthly Learn Exercise: *Who are you right now? What does your right now life look like? What are the big things that define your right-now life? Think of the who, what, where, when, why of you & your right now story. Use the space below to sketch a mind-map capturing the essence of your right now life.*



Don't let the blank page overwhelm you. Start by jotting a few things down and doodling a bit. If you're still not feeling it, come back later and fill in the rest.

SECTION TWO: PRACTICE

In the practice section of our mini-workshop, we exercise our hand muscles and hone our skills through our monthly practice challenges. In order to be the best versions of our creative storytelling selves, practice makes perfect (or at least a little bit better, which is totally enough sometimes).

This month's challenges:

PHOTO:

Mirror Selfie. The mirror selfie is the easiest selfie to take. Get in front of a mirror and start snapping photos. Try out different poses, different smiles, and different faces.

For this challenge use a mirror selfie in one of your projects.

WORDS:

List Journaling: Top Five. List journaling is an easy way to get your thoughts down onto the page without having to worry about full sentences and punctuation.

For this challenge, use a top five list in one of your projects.

SUPPLY:

Patterned Paper. Patterned paper is one of the workhorses in the scrapbooking world. It comes in all shapes and sizes. There's patterned paper for even the pickiest among us.

For this challenge, use patterned paper as one of the main focal points in your project.

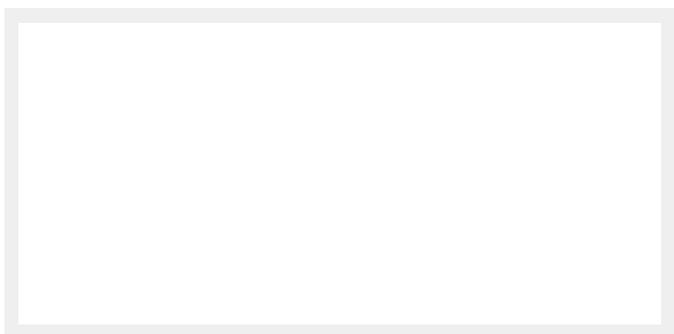
Remember to add your challenge projects, and check out inspiration from the Awesome Ladies Learn Team, in our January: Right Now challenge gallery.

SECTION THREE: EXPLORE

In the explore section of our mini-workshop, we exercise our heart muscles through our personal Awesome Ladies Projects. Now that we've spent some time learning and practicing, we're going to turn towards exploration.

This is where you let your heart run wild and tell your stories the way they deserve to be told. The Awesome Ladies Explore team will be providing additional inspiration and illumination throughout the month on our private blog and through our private forums.

**What does my
right now life
look like?**



**Which of my
right now stories
do I want to tell?**

**How do I want
to share my
right now stories?**



PHOTOS. WORDS. SUPPLIES.

Monthly Explore Exercise: *You've started thinking about your right now stories through our learn and practice sections. Here in the Explore section, we use what we've learned so far and apply that to our own personal Awesome Ladies Projects.*

PHOTOS:

- Which of photos that you've taken could represent your right now life?
- What photos could you take to represent your right now life?

WORDS:

- Which of your right now stories do you want to document?
- How do you want to use words to represent these stories? Lists? Paragraph journaling? A minimalist date/place?

SUPPLIES:

- Do you have any supplies that you feel inspired to tell your right now story with?
- Which supplies have been calling to you lately?

Join us for the rest of the **right now** monthly mini workshop in our private VIP share space.

Find this month's mini-workshop homepage at:

<http://theawesomeladiesproject.com/vip/monthly-mini-workshops/january>



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